

# St Mary's Church, Arnold

Welcome to St Mary's.

We hope that you are finding our weekly notice sheet helpful in these difficult times. We include the weekly readings for your bible study.



**Sunday October 18<sup>th</sup> 2020 Nineteenth Sunday after Trinity**

<b>Morning Readings: 1 Thessalonians 1: 1-10     Matthew 22: 15-22</b>	
<b>10.30 am</b>	<b>Church Morning Gathering</b>

Vicar Margaret writes from the scripture:

Psalm 139 verse 14 'I praise you because.....your works are wonderful, I know that full well'.

I have found that praise is the antidote to darkness and despair. It is easy to slip into the rut of negative thoughts and a down cast heart, especially in difficult times. I have found that this beautiful Psalm of praise to God, when read carefully and thoughtfully, helps me to refocus on the God of creation who loves me and you. The God who is always is present with whether we recognise him or not.

You may feel at this point that God is so awesome that to reflect in this way can seem a big task. And it is, so start small with the things around you. A smiley face, an open flower, a stormy day a bird in a tree, and praise God for his creation and his love. It helps sometimes to put pen to paper, and don't worry, because that too is a song of praise and a letter of love. Use your own words and thoughts and experiences but It could go something like this.

I hear you, in the cry of a gull, in the wind chasing the leaves on the lawn, in the whisper of a friend.

I smell you, in the air after a cleansing rain, in fresh tang of newly cut grass.

I touch you, in the smooth bark of a tree, or a pebble or sand from the sea.

I see you, in the animal shapes of the clouds, in trees ten times my age and the face of a child.

I read your letters to me in your word, in the joy of shared friendships, in the silence that follows a storm.

As we focus on God in this way through the Psalm and our ponderings, our heads and our spirits are lifted, as we see again and appreciate his wonderful works. His works of love, works that include you and me! And now spend some time thanking Him and praising Him and loving Him. Amen.

## Our Doors are Open for Worship

### **10:30 a.m. Sunday Services During Covid-19 Pandemic**

The rules and procedures for attending the 10:30 a.m. Sunday Service are printed on a poster on our notice board. Please remember that you must book a place in at the service if you wish to attend

#### **Private Prayer**

Our church will be open every Wednesday, from 2 pm to 4 pm for private prayer. No booking in is required for this. You will be signed in at the main door for track and trace purposes. Only enter when your mask is in place. Use the hand sanitiser and follow the instructions from the “Welcomer”.

Please note it is a 15 minutes maximum stay. When leaving follow the one-way system, to the exit door (kitchen area) and sanitise your hands on the way out. Please, keep a two-metre distance, at all times.

#### **Evening Prayer - Light a Candle**

Don't forget to light a candle every evening at 7.00 pm and spend some time in prayer. Margaret has produced a Prayer Sheet, which can be downloaded from the website.

**Ken Shill** - Please continue to pray for Ken & Celia Shill. Your prayers are valued.

#### **Zoom Services**

We will be broadcasting a repeat of the Sunday Morning Gathering every Wednesday at 7.30 p.m via Zoom.

People don't have to have Zoom downloaded on their machine, they can just click on the link. However, their device may ask them to 'run' Zoom which they will need to do.

Details of joining the service:

<https://us02web.zoom.us/j/82326995588?pwd=cXdWUWRTeCtFcW9SSUJMR295VHlBXdz09> Meeting ID: 823 2699 5588 Password: 690975

You can also join the service by phone. Dial: 0131 460 1196 and follow the instructions when to input the Meeting ID and Password.

#### **Start the Day**

Bishop Paul and Sarah are continuing with their series of videos on Tuesdays and Fridays, featuring a reading from Psalms, a reflection and prayer.

The videos go live at 9.30am on the diocesan [YouTube channel](#), but can be seen at any time.

## Holy Communion

During the Covid pandemic, we will be celebrating communion every 2<sup>nd</sup> Sunday of the month. If you have booked for a Communion service and cannot attend, please will you phone or text Liz Turley on 07425 145282, before 9.30 a.m. on the Sunday of the service

**Food Bank** - Contributions for the Food Bank can still be left at the vicarage or if you would rather make a donation of money, go to [justgiving.com/arnoldfoodbanknotts](https://justgiving.com/arnoldfoodbanknotts). Thanks!

## **Marion & John Broadley**

Marion and John would like you to know that as fund-raising for St Mary's repairs seems to be complete, it has enabled them to send £300 via the Link between Durham & Lesotho Dioceses in support of their project to feed the many starving children in Lesotho. This would have been our chosen destination for the proceeds of the coffee morning that we were unable to hold in 2020.

To enable the continued supporting of the project, Marion is taking orders for home-made cakes, bread, raspberry jam, and marmalade during October & November, with all proceeds earmarked for the alleviation of this need.

## **Vestry Visitors Book**

Everyone who visits the church via the vestry, including lone workers and volunteers, must sign the visitors book, which is situated on the little table near the church door. This is required for Health and Safety, "track and trace" and also to enable us to monitor the "traffic in and out of church". There is also an NHS Covid-19 QR scan code poster on the cupboards for those of you with the NHS Covid-19 app on your smartphone

## **Teams4U Christmas Boxes:**

Just a reminder that Andrea Sands is collecting Teams4U Christmas Boxes: Please can you help us by filling a box this year or by donating items for the boxes. Particularly flannels, toothpaste, pens, felt tips, combs, notebooks, calculators, balls, cars, toys, dolls and sweets. Are you able to donate money to enable us to buy items or to help send the boxes on their way? Each box will make such an amazing difference to the lives of the children who receive them. For more information go to the website: <https://teams4u.com/> or contact Andrea via email : and.ed.sands@gmail.com

Weekly Readings		Psalm	Old Testament	New Testament
Sunday	18 <sup>th</sup> Oct	145	Isaiah 54. 1-14	Luke 13. 31-end
Monday	19 <sup>th</sup> Oct	98	2 Kings 17. 24-end	Phil. 1. 1-11
Tuesday	20 <sup>th</sup> Oct	106	2 Kings 18. 1-12	Phil. 1. 12-end
Wednesday	21 <sup>st</sup> Oct	111	2 Kings 18. 13-end	Phil. 2. 1-13
Thursday	22 <sup>nd</sup> Oct	115	2 Kings 19. 1-19	Phil. 2. 14-end
Friday	23 <sup>rd</sup> Oct	139	2 Kings 19. 20-36	Phil. 3.1 - 4.1
Saturday	24 <sup>th</sup> Oct	121	2 Kings ch. 20	Phil. 4. 2-end
Sunday	25 <sup>th</sup> Oct	119. 137-152	Isaiah 59. 9-20	Luke 14. 1-14

**Monthly Prayer sheet** - Please keep on praying! Please contact Chris Baker on [baker-christopher1@sky.com](mailto:baker-christopher1@sky.com) with requests and outcomes and these can then be circulated by email.

### Contacts

Daily Hope a free phone line of hymns : 0800 804 8044

NEW EMERGENCY HELP LINE ISSUED BY LOCAL GOVERNMENT IS 0300 500 8080  
This is NOT for medical emergencies the number for that remains the same 111

***The current lockdown situation is very difficult for those living in abusive relationships.***

***For those suffering with Domestic abuse and sexual violence in the home there is a Nottingham 24 hr Freephone helpline for Women 0808 800 0340 and Helpline for Men call 0115 960 5556.***

Vicar: Rev Margaret Caunt 0115 967 3805

[margaret.caunt@outlook.com](mailto:margaret.caunt@outlook.com)

Church Wardens:

David Rodgers 0115 953 1654

Liz Turley 07425145282

[dave.rodgers3@ntworld.com](mailto:dave.rodgers3@ntworld.com)

[elizabethturley2@gmail.com](mailto:elizabethturley2@gmail.com)

Safeguarding & Domestic Abuse Officer :

Larrie Thompson 0115 967 333

[larrie73@gmail.com](mailto:larrie73@gmail.com)

Parish Administrator(Office): 0115 920 9848

[admin@stmarysarnold.org.uk](mailto:admin@stmarysarnold.org.uk)

***If you have a favourite faith item that you think others would appreciate, please send to Ed Sands : [ejrsands@gmail.com](mailto:ejrsands@gmail.com) for inclusion in the next issue.***

